

role



Grade 1
December-January 2025



Message from the Head of School

Dear Parents,

December and January were stunning culminations of our Year 10 celebrations- The annual Programme and The Road Safety Run for the Gaudium Community.

We commemorated the mystic '10' by encouraging our Pre-schoolers to delve into the secret powers of nature and its implicit principles to maintain harmony in its diversity. Our little

students extolled the capacity of nature to sustain and heal and gave us the message of following nature's principles for a healthy and happy life. This was entitled "Dasa Neeti". The students of Grades 1-2 laid bare the impressive lives of ten role models and changemakers whose contributions to the world were vastly transformational- we are talking

about Mother Teresa, Mahatma Gandhi, Charlie Chaplin and other such greats. What impressive performances, songs and dances were put up by our students! This was "Dasa Prernayey"



Grades 3-5 took us on a global journey in 'Dasa Dishayen' and dived into the socio-economic and environmental practices and beliefs of indigenous tribes, who are still striding two realities-between the need for development and industrial growth and its impact on their traditions and culture. We looked through their eyes at climate change, loss of biodiversity, the hazards of deforestation and rapid urbanization on ancient tribes with rich legacies at stake.



Message from the Head of School

How perfect the message on creating learners without borders.

Middle and Senior school brought out the inherent and universal morals in our scriptures and texts that directed man in early society (also completely relevant today) to live non-corrupt, non-aggressive lives, compatible with fellow humans and nature. This was the unfolding of “Dasavatara’ through the common dilemmas of our youth today. We hope our adolescents and teenage students find their interpretation through the metaphors extolled with song and dance, to live more meaningful lives, with a clear sense of self identity and the empowerment of ‘choice’. The Run for Road Safety brought together the Gaudium Community, with students, parents and staff running 10K, 5K and 2K supporting responsible behaviour and action on the roads. As a school strongly supporting family values, we brought our community together to support safety on our roads. Thank you for being a part of the run. As we count our days to the Cambridge and CBSE Board examinations, we pray for serenity and equanimity in our students and appeal for the composure and loving support of our parents towards children facing their public examinations. Patience and perseverance are key. May the Almighty shower blessings on each of you and your family in this splendid New Year.

Sudeshna Chatterjee
Head of School



Professional Development A Well-Being Journey with Oxford

On behalf of Oxford University Press, The Gaudium School had the honor of hosting a guest lecture by Mr. Bhavani on **Health and Well-Being**, specifically designed for teachers. This insightful session provided educators with an opportunity to reflect on their well-being and its profound impact on both their professional effectiveness and personal fulfillment.

Mr. Bhavani began by drawing a strong connection between health and well-being and the mission and vision of the International Baccalaureate (IB). He highlighted how the IB framework emphasizes holistic education—not only striving for academic excellence but also nurturing balanced, reflective, and mindful individuals. He further linked this philosophy to The Gaudium School's commitment to fostering an environment that supports the well-being of both students and educators.

The session was highly engaging, featuring thought-provoking discussions and interactive activities. Mr. Bhavani explored key aspects of well-being, including physical health, mental resilience, emotional stability, and work-life balance.

He reinforced the idea that a teacher's well-being directly influences their ability to inspire and support students effectively. The session was highly engaging, featuring thought-provoking discussions and interactive activities. Mr. Bhavani explored key aspects of well-being, including physical health, mental resilience, emotional stability, and work-life balance. He reinforced the idea that a teacher's well-being directly influences their ability to inspire and support students effectively. Additionally, the session introduced practical strategies for maintaining well-being in the face of modern educational challenges. Key takeaways included:

Mindfulness and Stress Management –

Techniques such as breathing exercises, meditation, and time management to alleviate stress.

Physical Well-Being – The significance of regular exercise, a balanced diet, and sufficient rest.



Professional Development A Well-Being Journey with Oxford

Emotional and Mental Health – The importance of positive thinking, self-care routines, and seeking professional support when needed.

Creating a Supportive Environment – Encouraging strong peer networks, collaboration among colleagues, and a culture of mutual care within the school community.

Teachers found the session both enlightening and interactive, appreciating the practical approaches shared by Mr. Bhavani to enhance their personal and professional well-being. The lecture concluded with a meaningful discussion on how schools can implement systemic changes to ensure sustained well-being for educators, ultimately fostering a more supportive and effective learning environment for students.

The Gaudium School extends its sincere gratitude to Oxford University Press and Mr. Bhavani for facilitating this enriching session. The event reaffirmed the school's dedication to holistic excellence and its commitment to cultivating a culture of care and well-being within the educational community.



School Philosophy – 5 Developmental Pillars

Mindfulness:

Students and teachers actively participated in a range of mindfulness exercises, including in-breath and out-breath techniques, heart map activities, vision board creation, square breathing, balance walking, and heartbeat exercises. Other practices like acting mindfully, sharing acts of kindness, and exploring personal strengths and challenges were also incorporated. These exercises were designed to help individuals cultivate awareness, presence, and emotional balance in their daily lives.



Additionally, participants explored various character traits and qualities that contribute to the enhancement of self-awareness and the development of self-esteem. Through thoughtful reflection, students and teachers shared their insights and personal experiences, deepening their understanding of how these attributes can positively impact their lives. The mindfulness activities not only fostered a sense of inner calm but also encouraged a supportive environment where individuals could connect with their emotions and values, ultimately promoting personal growth and well-being.



School Philosophy – 5 Developmental Pillars

Mindfulness and well being

Students enjoyed mindfulness exercises like Dinosaur Breathing, the Heartbeat Exercise, and Deep Relaxation, along with visualizing moments of kindness. They developed self-awareness through heart maps, helping them understand what brings them happiness and their aspirations. School counselors also held emotional management sessions, where students participated in group discussions and shared reflections.



Core value

This month, students have been exploring the value of perseverance—learning to keep trying, even when things are difficult. Through stories, videos, and hands-on activities, they're discovering that struggling is a natural part of the learning process. By practicing perseverance, students are building confidence and a lifelong love of learning that will help them succeed in school and beyond.



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School Philosophy – 5 Developmental Pillars

Global Leadership

Students developed and demonstrated ATL (Approaches to Learning) and attributes of Learner profile through weekly assemblies. They were engaged in reflecting on their learning, identifying areas of improvement, and setting goals. Students were involved in reviewing essential agreements and co-constructing assessment tasks.



Holistic excellence

Holistic excellence embarks us to groom ourselves and resonate with our learnings. As part of the holistic development students did various learning engagements to enhance their decision-making skills and positive behaviour. Life skills are an essential part of social, emotional, mental and physical well-being. This month, students got acquainted with non-fire cooking. They cherished making 'coconut Laddu'



School Philosophy – 5 Developmental Pillars: Assemblies



School Philosophy – 5 Developmental Pillars

Stakeholder engagement

As part of stakeholder engagement, students participated actively in the Annual Day program, using drama, music, and dance to celebrate the theme of role models. Through their performances, they portrayed inspiring personalities and their qualities, emphasizing the values and lessons they embody. The children expressed these stories creatively through heartfelt songs, expressive dances, and powerful dramatizations, showcasing their talents and the effort they put into preparing for the event. Their outstanding performances captivated the audience and were warmly appreciated by their parents, highlighting the importance of learning from role models while fostering creativity and confidence. As part of The Gaudium School 10-Year Celebrations, parents, students, and school staff participated in the "Run for Road Safety" event. This initiative aimed to promote road safety awareness within the community, emphasizing the importance of protecting lives and fostering a safer, more responsible environment for future generations.



Learning and Teaching – This Month

Unit of Inquiry

Role Models

Transdisciplinary Theme

Who we are

Central Idea

Role models are identified by certain attributes that influence us and the society

Lines of Inquiry

- Qualities of a role model
- Role models among us
- Influence of role models on people's choices and actions

Key Concepts

- Form
- Connection
- Change

IB Learner Profile Attributes

- Principled
- Risk Takers
- Balanced

Students recently embarked on an exciting new unit focused on Role Models. The journey began with a provocation where students were shown pictures of famous personalities and asked, “Why are these people admired?”

This led to a lively discussion, where students identified qualities like kindness, hard work as reasons these people were admired. They realized that role models don't need to be famous, ordinary people around them like parents and teachers can also be role models.

A key moment in the unit was a guest talk by Ms. Kirthi Reddy, who shared her life journey. She spoke about overcoming challenges and working hard to achieve goals.

As the unit progressed, students discussed how they could become role models by demonstrating positive qualities like respect, empathy, and perseverance. By the end of the unit, students learned that anyone can inspire others, and were filled with a sense of empowerment, knowing that they, too, can make a difference by living out positive qualities in their everyday actions.



Learning and Teaching - This Month

Transdisciplinary Language

Students made transdisciplinary connections by describing role models using adjectives, prepositions, and tenses. They engaged in sorting words into nouns, verbs, and adjectives, which reinforced their understanding of these concepts. Additionally, they framed sentences in past, present, and future tenses, enhancing their grammatical skills.

Students also explored cause-and-effect relationships during the design thinking process. Weekly spelling assessments continued, and read-aloud sessions helped enhance their vocabulary, listening, and speaking skills.

Transdisciplinary Math

In the months of December and January, students made the transdisciplinary connections with calendar while inquiring the life journey of different role models. They identified and ordered the days of the week and months of the year.

Students worked with Tally marks, bar graph and pictograph as a part of data handling to represent the data.

Further they explored the concepts of even numbers, odd numbers, ordinal and cardinal numbers.

Students revisited the concept of addition and subtraction with regrouping along with word problems.



Learning and Teaching - This Month

Hindi

This month, students reinforced their understanding of the Hindi alphabet (Varnmala) and became comfortable with the basic letters. They practiced forming two, three, and four-letter words to improve vocabulary and word recognition. Simple sentence construction was emphasized, allowing students to create basic sentences in Hindi. Students also focused on reading simple words to enhance fluency and practiced reciting a Hindi poem to improve pronunciation. Oral activities helped develop speaking skills, including practicing numbers 1 to 20, days of the week, and colors.

Self-introduction exercises were conducted to build confidence in speaking. These activities collectively enhanced their communication skills in Hindi.

Telugu

This month Students learned letters up to bandi ra and revisited ka,cha,ta varg letters and related words. Recognized the pictures and learned their names through PPT's.They learnt to make words with the help of letters.

Spanish

As part of the transdisciplinary connection, students explored personal identity and communication by learning the months of the year and practicing self-introductions. This activity allowed them to understand how language reflects who they are and helps them build connections with others

French

Students learned the months of the year and practiced self-introduction as part of the TD connection, focusing on personal identity and communication. This activity helped them explore how language can express who they are and connect with others.



Learning and Teaching - This Month

Music:

In the months of December and January, students learned the song "Never Give Up" by Sia and explored technical concepts such as solfège in major scales (C to G), focusing on the first five notes in ascending and descending patterns. They also practiced "Wavin' Flag" by K'naan, incorporating solfège in major scales, 4/4 rhythm clapping, and the basics of keyboard and guitar. These activities helped them develop musical skills while fostering perseverance and rhythm coordination.

Compulsory Telugu

This month students learned the names of flowers and identified different colours through videos and PPTs. They also learned rhymes related to flowers and colours

Visual Art

In their art classes, students revisited the concept of texture, one of the elements of art. They explored pictures of different textures, identified and discussed their differences, and defined what texture means in art. Students also observed and identified textures in their immediate surroundings and discussed the purpose of texture in artistic expression. As part of their learning, they selected two textures and drew two objects representing each texture from their environment. Additionally, they worked with visual textures, creating artwork that reflected their understanding and exploration of texture.



Learning and Teaching - This Month

P E.

In these two months the students participated into different gymnastics activities, focusing on proper stretching techniques to improve flexibility and mobility. They learned the importance of warm-ups to prevent injuries and prepared effectively for physical activities. Students practiced the Bridge pose, forward roll, sideways roll, and long roll, enhancing their control and coordination. These exercises emphasized the value of technique and preparation in gymnastics.

Drama

In the month of December and January, drama students focused on the importance of body language as a key element of performance. They explored how posture, gestures, and facial expressions can enhance a character's emotions and storytelling. Students practiced techniques to use body language effectively, learning to convey meaning beyond words. This exercise deepened their understanding of how non-verbal communication shapes a scene.

Dance

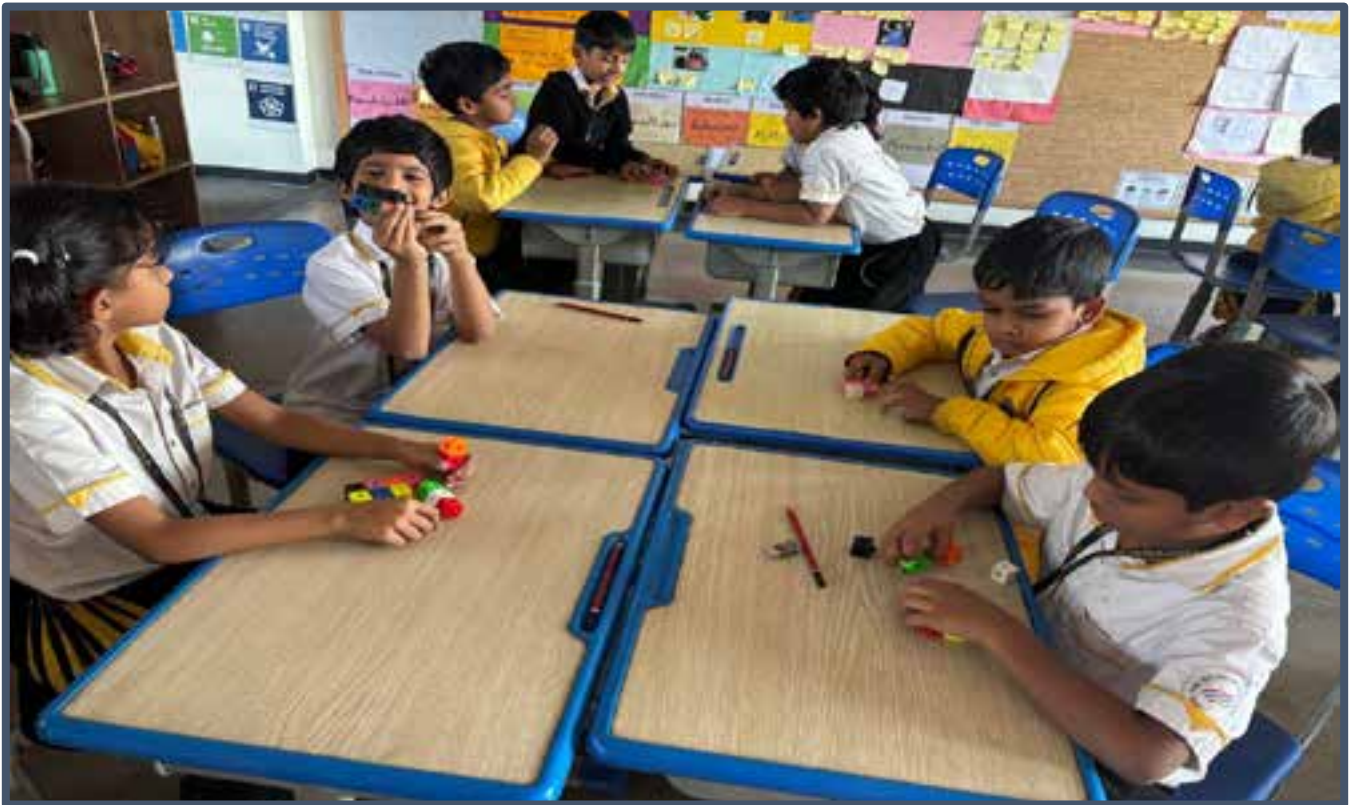
Students focused on key areas such as coordination between hands and legs, enhancing their physical synchronization. They explored musical interpretation and improvisation, developing their sense of musicality and rhythm. Students also learned about performance responsibility, emphasizing appropriate audience behavior during shows. A key focus was on individual choreography, where students worked on body language and expression to convey emotion.



Learning and Teaching – Ordinal Numbers



Learning and Teaching - Cardinal Numbers



Learning and Teaching - Odd and Even Numbers



Learning and Teaching - Dance and Music



IB Continuum
CONTINUUM DE IB
CONTINUO DEL IB

Learning and Teaching - Guest Talk by Ms. Keerthi Reddy – “Role Models Among Us”



Learning and Teaching - Cause and Effect



Learning and Teaching - Reading and Reflecting



Learning and Teaching – Month Ahead

Unit of Inquiry

Living things

Transdisciplinary Theme

How the world works

Central Idea

All living things go through the process of change

Lines of Inquiry

- Characteristics of living and non-living things
- Patterns of growth in various living things
- Effects of factors that influences lives

Key concepts:

- Form
- Change
- Causation

IB Learner Profile Attributes

- Caring,
- Inquirers
- Knowledgeable

Unit of Inquiry

Under the theme "How the world works," students will look into the concepts of living things and non living things.

They will identify the characteristics of both living things and non living things.

By examining the characteristics of living and nonliving things,they will learn their ability to grow,reproduce and respond to the environment.

Students will further learn the patterns of growth in various living things and how elements such as temperature, light, and nutrients affect their growth and survival.



Learning and Teaching - Month Ahead

Transdisciplinary Language

Students will explore transdisciplinary connections by integrating the use of conjunctions and procedural writing while inquiring into the characteristics and life processes of living things. Through procedural writing, students will describe the steps or processes involved in the life cycles or behaviors of living things, they will delve deeper into the use of adverbs, enhancing their ability to provide detailed and precise descriptions of actions and processes.

By combining these language skills students will develop a more comprehensive understanding of how to communicate their observations and insights clearly and effectively.

Transdisciplinary Math

Students will explore transdisciplinary connections by examining patterns and sequencing as they inquire into the characteristics of living things and their life processes. They will investigate how patterns manifest in nature, such as growth cycles, behaviors, and sequences in life processes, and draw parallels to mathematical concepts like number patterns and geometric shapes. Through activities that focus on identifying, creating, and analyzing these patterns, students will deepen their understanding of how patterns are interconnected across different disciplines. This exploration will help them recognize the presence of patterns in both natural and mathematical contexts, fostering their analytical and critical thinking skills while building a comprehensive perspective on the world around them.



Learning and Teaching - Month Ahead

Hindi

We will build on the foundation from January by reinforcing word construction, sentence formation, and reading practice. Focus will shift toward enhancing speaking skills through interactive activities, encouraging students to speak in complete sentences. Additional simple poems and short stories will be introduced to strengthen comprehension and recitation. These activities will help boost their confidence and fluency in Hindi.

PE

students will focus on proper stretching techniques for gymnastics and understand the importance of warm-up exercises in injury prevention. They will work on improving flexibility and mobility through gymnastics-specific stretches. Additionally, students will explore the correct techniques for the balance beam, hanging bar, and handstand with wall support.

Telugu

Students will continue practice of the saral words. Regular practice of saral words will also help reinforce spelling patterns and encourage the application of these words in their daily interactions and creative expressions.

French

Students will focus on learning the names of fruits in French, expanding their vocabulary and practicing how to describe them in simple sentences.

Spanish

Students will expand their Spanish vocabulary by learning the names of various fruits and practicing how to describe them using simple sentences.



Learning and Teaching - Month Ahead

Music

In February, students will learn the song "It's a Small World After All." As they practice singing, they will explore key technical concepts in music, including solfège in C to G major scales, both ascending and descending. They will also study rhythmic patterns in different time signatures, such as 2/4, 3/4, and 4/4. Additionally, students will focus on the timing and dynamics of music, learning to differentiate between **p (piano - soft)**, **mp (mezzo-piano - moderately soft)**, **mf (mezzo-forte - moderately loud)**, and **f (forte - loud)**. Through guided exercises, they will practice singing the song with varying dynamics, ensuring they develop control over volume and expression. This approach will enhance their musical sensitivity, rhythm awareness, and overall vocal performance.

Dance

Students will focus on enhancing their improvisation skills in movement creation. They will explore new movement possibilities within different dance styles, learning to adapt and think creatively.

Visual Art

Students will create an artwork without using traditional tools like pencils or brushes. Instead, they will select objects that can be used as stamps, such as leaves, sponges, bottle caps, or vegetables. They will dip these objects into paint and use them as stamps to design their artwork. This activity will allow them to explore creative techniques, experiment with textures and patterns, and develop their artistic expression in a fun and innovative way.

Drama

Students will focus on developing their thinking skills through voice and technique. They will explore how to connect their voice to their character, adjusting tone and pitch. Additionally, they will work on techniques for learning dialogue and delivering it effectively.

Compulsory Telugu

In the month of February students will focus on learning the names of various birds through oral exercises. The learning process will involve interactive activities. Students will have group discussions, storytelling, and question-and-answer sessions will help students associate bird names.



Happenings - Month Ahead

Events	Date
International Mother Language Day	21 st February 2025
Maha Shivaratri Holiday	26th February 2025
National Science day	28th February 2025

Our website:

<https://www.thegaudium.com/>

Events link:

<https://www.thegaudium.com/at-the-gaudium/gaudium-events/>

Facebook : For daily updates please like the page.

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